

# NORMAN SPORTS MEDICINE

*Norman High School*  
**RANK ONE ONLINE FORMS INSTRUCTIONS**

<https://normanpublic.rankonesport.com>

We would like to thank you for taking part in our new process of completing athletic participation paperwork online. This new automated process will allow us to be more efficient in handling the forms as well as saving valuable resources.

- To access the online forms go to <https://normanpublic.rankonesport.com> hold your cursor over the "Electronic Participation Forms" tab. You will get a drop down list of the forms. Or use the QRcode below.
- Click on the form name and fill out the information requested. **You must have your student's ID number available**, as it is required on each form and pick the school your son/daughter will be attending. You will need to go down the list of forms and complete each one.
- To sign the document, click inside the signature box and hold your mouse over the box. This will allow you to create an "Electronic Signature." If you make a mistake and need to start over, click the refresh icon next to the signature box.
- Once you have filled out all the information on each page, you will have the opportunity to print the document for your records, but the school does not need a printed copy.
- The physical forms need to be complete by a doctor and then turned into the school, you may want to make a copy of this form for your records also. A copy of the physical form can also be found on the Norman Public School website in the District Athlete area. (Available to download to print on the NPS Athletic Web Page)
- All physical forms must be turned in to your student's campus athletic trainer or head coach. Physicals must be on file for athletes to participate at any level. This is the only paper copy your son/daughter will be turning into the school, if needed physical forms can be scanned to **rschuchman@norman.k12.ok.us** or you can fax it to 405-366-5945.

-If you do not have internet access at your house, please go to the Norman High School Library to complete these forms.

**We will not accept paper copies of the athletic participation forms.**

Russell Schuchman MS, ATC, LAT  
Head Athletic Trainer  
Norman High School

